



GAUTENG PROVINCE
EDUCATION
REPUBLIC OF SOUTH AFRICA

**GAUTENG PROVINCE
GRADE 10**

**ENGLISH FIRST ADDITIONAL LANGUAGE
PAPER**

March 2023

MARKS : 40

TIME : 1 hour

INSTRUCTIONS AND INFORMATION

1. This question paper has THREE sections.

SECTION A: Comprehension (20)

SECTION B: Summary (10)

SECTION C: Language (10)

2. Answer ALL the questions.

3. Start EACH section on a NEW page.

4. Rule off after each section.

5. Number the answers correctly according to the numbering system used in this question paper.

6. Leave a line after each answer.

7. Pay special attention to spelling and sentence construction.

8. Suggested time allocation:

SECTION A: 30 minutes

SECTION B: 15 minutes

SECTION C: 15 minutes

9. Write neatly and legibly.

SECTION A: COMPREHENSION

Read TEXT A and answer the set questions.

TEXT A**LEAPING TO THE TOP**

- 1 Ntando Mahlangu may be a South African sporting hero with two gold medals and a world record to his name but athletics is having to take a back seat for a while.
- 2 “
- 3 The Paralympian is also Ntando Mahlangu the matric student – and it’s nose-in-the-books time for the 19-year-old blade runner now. 5
- 4 He’s hard at work catching up on the work he missed when he soared into the record books in the long jump T63 and romped home in the 200m T61 category doing his team, his family and his country proud.
- 5 “Matric is exciting but it is tough,” he says. “Especially when I had to juggle it with athletics. But at least it’s calmer now that the Paralympics are over so I can focus on school.” 10
- 6 Athletics is his great love – the sport that’s brought him success and satisfaction and helped him overcome his insecurities. It has also helped him silence the kids who used to bully him as a little boy, taunting him because of his disability. 15
- 7 Those kids would’ve heard now Mahlangu went to Tokyo and slayed the competition, his blades slicing through the air as he leapt and ran to glory.
- 8 His athletics journey started seven years ago and he was hooked straight away. “From the first day I loved running and feeling the wind whistling in my ear,” he tells us via video call from his Pretoria home. “As a youngster I didn’t know much about the Paralympics but when I was introduced to the games it became a dream to one day participate.” 20
- 9 Mahlangu competed in his first Paralympics in Rio de Janeiro, Brazil, in 2016 when he was just 14, bagging a silver medal in the T42 200m and stunning everyone – himself included. 25
- 10 “I don’t think that was the goal,” he says. It has been five years since that dazzling debut and now, through years of practice, determination and

- structured training, the teenager is recognized internationally as one of the
greats in the Paralympic world. 30
- 10 “Representing my country – that’s the most important thing. At the age of 10,
I never thought this would be a reality.
- 11 The star athlete was born in Kwamhlanga, Mpumalanga, with a condition that
affects the growth of the fibula, the outer bone in the lower leg. When he was 35
ten he asked his parents for permission to have his lower legs amputated.
They were against the decision at first but Mahlangu was determined and
they finally relented. The little boy recovered well and a few months later he
received his first pair of prosthetics, thanks to Jumping Kids, a non-profit
organization that provides prostheses to children living with amputations. 40
- 12 “I started walking with blades in September 2012 and I’ve been with blades
ever since,” he says. “I am thankful to Jumping Kids who made it possible
for me to receive my first pair of legs and I always will be. I owe so much to
the people who inspire me and make me who I am. My family, my friends,
my team – those are the people who motivate me.”

QUESTION 1

- 1.1 Refer to Paragraph 1 and 2.
- 1.1.1 What makes Ntando an outstanding athlete? (2)
- 1.1.2 Ntando is a busy teenager. Give one reason why? (1)
- 1.2 Refer to paragraph 5.
- 1.2.1 The word taunting in line 15 means to...
- (a) Belittle.
- (b) Provoke
- (c) Annoy.
- (d) Frustrate. (1)
- 1.2.2 Using your own words describe how he used his talent to overcome his insecurities. (2)
- 1.3 Refer to Paragraph 7
- 1.3.1 Why was he drawn to participating in the Paralympics? (2)
- 1.4 Why is the following statement false?
“ After the many years of dedication and practice Mahlangu could still not reach his goal” (2)
- 1.5 Refer to paragraph 11.
In your view why do you think it was difficult for Ntando’s parents to give permission for the amputation? (2)
- 1.6 Is the title “leaping to the top” suitable to the story? Give a reason for your answer. (2)

TEXT B

Refer to the picture and answer the questions based on it.



- | | | |
|------|--|-----|
| 1.7 | What is cyberbullying? | (1) |
| 1.8 | How does the picture indicate that cyberbullying is not allowed? | (2) |
| 1.9 | Who is responsible for creating this visual? | (1) |
| 1.10 | How do the visuals support the message of this picture? | (2) |

TOTAL SECTION A (20)

SECTION B: SUMMARY**QUESTION 2**

Read **TEXT C** below and in no more than 70 words summarize **seven tips to become fit**.

INSTRUCTIONS

1. Your summary must be written in point form.
2. List SEVEN points in full sentences using NO MORE than 70 words.
3. Number your sentences from 1 to 7.
4. Write only ONE point per sentence.
5. Use your OWN words as far as possible.
6. Indicate the number of words you have used in brackets at the end of your summary.

TEXT C**A BEGINNER'S GUIDE TO GETTING FIT**

Starting a fitness journey is a personal thing and no two fitness plans are identical. Part of working towards achieving your goals is finding out what works for you.

You can't lose weight on a half-hearted diet. You need to commit to a healthy diet.

Your body goal is something only you can set. No one can tell you what size or shape is right for you. However, if the shape you want is not the shape you have, then set a target and work towards it.

Learn what foods can help maximise your results. Cut down on salt and sugar, increase your protein and vegetable intake and don't be scared of carbs.

Work out at least three times a week. If you make working out fun, you won't dread it as much, in fact, eventually you'll start looking forward to it.

So all you have to do is stick at it for two months and eventually it will become part of your life. If you want to maintain a fit and healthy body you have to accept that it's all about making a positive (and permanent) lifestyle change.

Everyone has a vice; whether it's too much sugar or too much snacking on the wrong things. Many find that keeping a food diary is key in identifying where the extra weight is coming from. Losing weight shouldn't be a slow and painful torture. If you fancy being a little bit bad, go ahead. Just remember that a cheat meal does not need to turn into a cheat day.

(Adapted from Fresh Magazine September 2021)

(10)

GLOBAL HANDWASHING DAY

'WASH' is an acronym that stand for **Wash, Sanitation, and Hygiene**. October 15th is celebrated each year as Global Handwashing Day. It was originally created for children and schools, but can be observed by anyone promoting the washing of hands. Global handwashing Day is endorsed by a number of governments, international organisations, pharmaceutical companies and the World Bank.

Why handwashing with soap? Handwashing with soap is the most effective and inexpensive way to prevent diarrhoea and acute respiratory infections. Together, they are responsible for the majority of all child deaths.

Yet, despite it's lifesaving potential, handwashing with soap is seldom practised and difficult to promote. Turning handwashing with soap before eating and after using the toilet into a fixed habit could save more lives than any single vaccine or medical intervention. By 2015 this will reduce deaths between children under the age of five by one-quarter.

Global Handwashing Day focuses on children because they – the segment of society so often the most energetic, enthusiastic, and open to new ideas – can also be powerful agents for changing behaviour like handwashing with soap in their communities.

[Adapted from globalhandwashing.org]

- 3.1 Correct the single error in the following sentence.

Global handwashing Day is endorsed by a number of governments, international organisations pharmaceutical companies and the World Bank (1)

- 3.2 Identify the part of speech of the underlined words.

Together, they are responsible for the majority of all child deaths. (2)

- 3.3 Rewrite the following sentence to present perfect continuous tense.

this will reduce deaths between children under the age of five (2)

Rewrite the following sentence as a tag question

- 3.4 Global Handwashing Day focuses on children. (1)

3.5 Combine the following sentences using (**as well as**)

Handwashing with soap is difficult to practice.

Handwashing with soap is difficult to promote.

(2)

3.6 Rewrite the following sentence in the reported speech:

World health organization said “Handwashing with soap is the most effective and inexpensive way to prevent diarrhoea and acute respiratory infections” (2)

TOTAL SECTION C [10]